INFANT
PEEK OF THE WEEK

At-Home Activities

Theme: Community Helpers

April 6-10, 2020

SINGING SPROUTS & MUSIC APPRECIATION

"I'm a Helpful Doctor"
Tune of: I'm a Little Teapot

I'm a helpful doctor, dressed in white,
I make people feel better, day and night.
When you get hurt or sick,
Come see me,
I'll get you fixed up, quick as can be.

Click here to see our Singing Sprouts!

SPANISH & SIGNING SPROUTS

Spanish Sprouts:
Helper: el/la ayudante
(AH-yoo-DAHN-teh)
Police: el/la policía (poh-lee-SEE-ah)
Firefighter:el/la bombero
(bohm-BEH-roh)
Community: comunidad
(coh-moo-nee-DAHD)

Click here to watch our Signing Sprouts!

SOCIAL & LINGUISTIC

Its "Spirit Week"! Join us as we have fun, show solidarity and give everyone the chance to share their pictures with one another.

We will highlight each themed day during our 3PM Facebook Live session.

Monday: Pajama Day
Tuesday: Hero/Superhero Day
Wednesday: Wacky Wednesday
Thursday: Silly Sock Day
Friday: Dress in Your Favorite Color

MATH & MANIPULATIVES

Doctor Counting:
Pretend you're at the doctor's office and have fun counting fingers, toes, belly buttons, ears, nose and more.

Repeat often to associate a spoken number with a counted item (or body part).

This can also be a fun bath-time activity!

EXPRESSION & DISCOVERY

Fingerpainting Flames:
On a piece of paper, draw the outline of flames in a permanent marker. Allow infants to fingerpaint with red, orange and yellow.

Describe the picture, the colors and the way in which the paint feels.

As small motor muscles are developing, vocabulary is also increasing.

LANGUAGE & LITERACY

- Police Officer
by Amanda Askew

- Whose Hat is This?
by Sharon Cooper

- Flashing Fire Engines
by Tony Mitton

- Doctor
by Amanda Askew

NOTES & REMINDERS

Join us for our daily Facebook LIVES:

9:30 AM: Morning Group Time and Activity Idea
12 PM: Yoga and Mindfulness
3 PM: Song and Story

Click here to follow our page and watch!

CONSTRUCTION & DISCOVERY

Build, Demolish and Build Again:
Using children's blocks, empty or lightweight food boxes, shipping or shoe boxes, construct a tower as tall as you can.

Have fun knocking it down and then play the role of construction worker to build it back up again.

Counting, balancing and understanding space all are involved in this engaging activity!

Parents: if you would like to participate in any of your child's classroom activities and/or volunteer your time, please see your classroom teacher!