TODDLER
PEEK OF THE WEEK

At-Home Activities

Theme: Me and My Family

May 26-29, 2020

SINGING SPROUTS & **MUSIC APPRECIATION**

You Are My Sunshine

You are my sunshine,
My only shunshine.
You make me happy,
When skies are gray.
You'll never know, dear,
How much I love you.
Please don't take
My sunshine away.

SPANISH & **SIGNING SPROUTS**

Spanish Sprouts:

me: yo
family: • la familia (fah-MEE-leeAH)
mother: la madre (MAH-dre)
father: el padre (PAH-dre)
love: el amor (ah - MORE)
name: el nombre (NOHM-bre)

DISCOVERY & **INVESTIGATION**

Soap Study:
Have your child stand next to you at the sink and wash any plastic dishes, cups or utensils that need to be cleaned.

This activity will now only teach them about household responsibilities, but will also allow them to explore with soap, water and cause and effect principles.

MATH & **MANIPULATIVES**

Pick a Picture:
Print out pictures of you family and friends. You can include photos of those that live within your household and those that live elsewhere.

Have your child sort the pictures. Count how many pictures you have of each person. Don't forget to include pictures of yourself, your child and any pets!

IMAGINATION & **EXPRESSION**

Me and My Family Collage:
Using the photos you printed for the Math and Manipulatives activity, have your child glue or tape each on a piece of paper to create a family collage.

Display in your child's room or in a prominent place and be sure to point out each picture by name to also reinforce vocabulary.

LANGUAGE & **LITERACY**

Me and My Family Tree by Emma Trithart

Who's in My Family? by Robie H. Harris and Nadine Bernard Westcott

My Nana and Me by Irene Smalls and Cathy Ann Johnson

My Two Moms and Me by Michael Joosten and Izak Zenou

All are available through Kindle/Amazon

SCIENCE **LAB**

Fingerprint Study:
With paint or stamp pads, have each family member dip one finger lightly and then press on to a piece of paper.

Investigate the similarities and differences between everyone's fingerprints. Try with additional fingers. Expand the activity by closely looking at all the lines and features of each family member's hands and fingers.

SOCIAL & **LINGUISTIC**

Family Feast:
Plan a meal and have every member of the family pick a food to serve. Once decisions are made, everyone helps prepare the food, enjoy a feast.

As you eat, talk about why each of you chose the food you did. Expand the activity by trying again, but making categories - like only foods that start with a certain letter, or one food each from the major food groups.

OUTDOOR LEARNING & **GYM**

Family Walk and I-Spy:
Take a stroll as a family to get some fresh air and play a great instigative game. As you slowly walk, take turns playing "I-Spy".

This activity will get you some fresh air and will challenge your child to use descriptive vocabulary as well as pay attention to details when trying to find objects others are describing.

NOTES & **REMINDERS**

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