# PRESCHOOL & PRE-K
# PEEK OF THE WEEK

## At-Home Activities
## Theme: Me and My Family
## May 26-29, 2020

### SINGING SPROUTS & MUSIC APPRECIATION

You Are My Sunshine

You are my sunshine,
My only sunshine.
You make me happy,
When skies are gray.
You'll never know, dear,
How much I love you.
Please don't take
My sunshine away.

### SPANISH & SIGNING SPROUTS

Spanish Sprouts:

me: yo
family: • la familia (fah-MEE-leeAH)
mother: la madre (MAH-dre)
father: el padre (PAH-dre)
love: el amor (ah - MORE)
name: el nombre (NOHM-bre)

### TECHNOLOGY & ENHANCEMENTS

We are excited to offer a complimentary subscription with MarcoPolo World School. Click here to access!

Plan a virtual visits with family members by using programs such as Zoom, GoToMeeting or Teams.

Click here to watch baby animal cams including puppies, kittens, birds and bears!

### MATH & SCIENCE LAB

Pick a Picture:
Print out pictures of you family and friends. You can include photos of those that live within your household and those that live elsewhere.

Have your child sort the pictures. Count how many pictures you have of each person. Don't forget to include pictures of yourself, your child and any pets!

### IMAGINATION & EXPRESSION

Me and My Family Collage:
Using the photos you printed for the Math and Manipulatives activity, have your child glue or tape each on a piece of paper to create a family collage.

Display in your child's room or in a prominent place and be sure to point out each picture by name to also reinforce vocabulary.

### LANGUAGE & LITERACY

Me and My Family Tree by Emma Trithart

Who's in My Family? by Robie H. Harris and Nadine Bernard Westcott

My Nana and Me by Irene Smalls and Cathy Ann Johnson

My Two Moms and Me by Michael Joosten and Izak Zenou

*All are available through Kindle/Amazon*

### HUMANITY & EMPATHY

Fix-It Friend:
Have your child help fix small things around the house.

Hanging a picture, tightening of a screw or taping the pages of a book back together will all teach your child about contributing to the family unit household.

These are important life lesson your child will carry with them.

### SOCIAL & LINGUISTIC

Family Feast:
Plan a meal and have every member of the family pick a food to serve. Once decisions are made, everyone helps prepare the food, enjoy a feast.

As you eat, talk about why each of you chose the food you did. Expand the activity by trying again, but making categories - like only foods that start with a certain letter, or one food each from the major food groups.

### WRITING WORKSHOP & HWT

"Learning at Home" Video Series from Learning Without Tears

Click here to follow Learning Without Tears
or
Click here to view our their "Learning at Home" series.

This parent-focused series provides activity ideas for children from Pre-K through 5th grade.

### NOTES & REMINDERS

Join us for our daily Facebook LIVES & special guest videos:

- 9:30 AM: Morning Group Time and Activity Idea
- 12 PM: Yoga and Mindfulness
- 3 PM: Song and Story

Click here to follow our page and join in!

### DISCOVERY & INVESTIGATION

Soap Study:
Have your child stand next to you at the sink and wash any plastic dishes, cups or utensils that need to be cleaned.

This activity will now only teach them about household responsibilities, but will also allow them to explore with soap, water and cause and effect principles.

### OUTDOOR LEARNING & GYM

Family Walk and I-Spy:
Take a stroll as a family to get some fresh air and play a great investigate game. As you slowly walk, take turns playing "I-Spy".

This activity will get you some fresh air and will challenge your child to use descriptive vocabulary as well as pay attention to details when trying to find objects others are describing.